

Institute for Nurse Practitioner Excellence (INPE)

July/2013

Welcome to INPE

[About INPE](#)
[Conference Details](#)
[INPE CE Center](#)

Registration

[CONFERENCE](#)
[INPE CE Center](#)

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NPExcellence.com

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Dear FAANP Colleague,

We would like to invite you to check out the Institute of Nurse Practitioner Excellence. The following programs and resources are currently available for your use or consideration-access through the INPE website at NPExcellence.com

Please note time-limited discounts for Pharmacology Conference and Online CE registration.

About INPE

INPE is a unique organization, an LLC partnership with Non-Profit DNA. We are unique in that this endeavor is developed through a collaboration of two NPs with extensive experience and prior leadership in a broad range of national initiatives, Mary Jo Goolsby and JoEllen Wynne. We are committed to ensuring that this new social enterprise is squarely focused on meeting our mission of promoting excellence in NP practice, education, and research.

INPE activities will focus on creating and providing resources to promote NP professional development and practice outcomes, including accredited education, evidence-based resources, and professional research. We maintain membership and are active in a number of NP and interprofessional organizations. INPE is in discussion with a number of national, and more local initiatives, and expect to be able to bring high-quality resources to our users via these networks, as well as share the NP-perspective through partnerships.

We hope you join us in this shared vision. Feel free to share information about INPE with your peers and take time to visit NPExcellence.com and share ideas for future programming, using the "contact us" form.

INPE 2013 Indianapolis Pharmacology Update

Network with colleagues and earn 13.25 pharmacology CE hours Sept 20-21, learn from experts such as Dr. Leslie Davis, Dr. Dixie Harms, and Dr. Mona Dawson. Topics include:

- Management of Hypertension
- Management of Dyslipidemia
- Management of Diabetes
- Bio-Identical Hormones
- Prescribing for Older Adults
- Medication Adherence
- Controversies Surrounding Drug Sampling
- Safe ER/LA Opioid Prescribing: FDA Blueprint



The INPE inaugural conference will be held at the NCAA Conference Center, located in the heart of downtown Indianapolis. The newly renovated NCAA Hall of Champions features high ceilings, tall windows, architectural nuances, dramatic lighting and state-of-the-art conference facilities. Discounted rooms are available at the Marriott Courtyard and the Fairfield Inn & Suites, located across from the conference center.

Registration is now open. A coupon is included below for discounted registration.

INPE CE Center [INPE CE C](#)

Three multi-media CE programs are now available through INPE's online CE Center. Programs provide a total of 3.5 contact hours, with 1.2 pharmacology credit. Current topics include:

- Medication Adherence
- Writing for Publication
- Managing Consultations and Referrals.

Online CE discounted through July 31

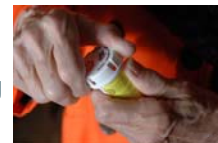
New resources are being added weekly. Check back frequently.



INPE Tools & Resources

Medication Adherence

Did you know. . . Medication Adherence is Among our Most Critical Healthcare Problems?



- Medication adherence is defined as the extent to which a patient takes medication consistent with agreed-upon healthcare provider recommendations. How often do your patients agree to take medications as prescribed?

- Up to one-half of prescriptions are probably not taken as prescribed. How often do your patients fail to fill or refill a prescription, take more or less than prescribed, or skip doses?
- Medication non-adherence is associated with ~125,000 deaths annually and \$198 billion in hospital admission costs. How would your patients' healthcare outcomes and costs improve by better adherence?

There are no easy solutions to ensure medication adherence and no one answer or strategy works for all patients. However, it is our responsibility to understand issues related to this epidemic, how to assess each patient's related needs, and identify possible strategies.

INPE also offers clinical tools and resources. Our first virtual toolkit addresses medication adherence. The toolkit includes a 2-paged handout and links to several additional resources, selected to help you optimize medication adherence and outcomes among your patients. In addition to the toolkit, there is an online INPE CE offering available on this topic.

We hope you will take time to visit NPExcellence.com and to contact us with ideas for future programming.

Look for us on Facebook, LinkedIn and Twitter. Check back often for new additions.

Sincerely,

Mary Jo Goolsby, EdD, MSN, NP-C, CAE, FAANP
 JoEllen Wynne, RN, MSN, FNP-BC, FAANP
 Principal Partners
 Institute for NP Excellence



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