

Institute for NP Excellence Newsletter

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INPE Diabetes

Based on input from an

Registration is underway for our 2014 Pharmacology Conference. Join us in Atlanta, Oct 24-25. Earn 15 contact hours in a smallmeeting environment providing for

faculty-learner engagement. With limited attendance, registration may close early.

Visit the event site to learn more and register. Resource Toolkit

INPE Grassroots Lectures expert panel think-tank and online survey, we identified interest in **INPE Takes Lecture Series** On-the-Road resources providing diabetes updates, patient education, best INPE is proud to be able to sponsor practices, and more. A

Did you know that:

diabetes virtual toolkit organization annual meetings. This year, our is now available on the INPE website. The resources, with annotated descriptions. Let us know of additional

INPE Online CE Visit npexcellence.com or our online CE Center for the most current course catalog.

Course topics include:

resources that you

would like us to

consider.

COPD Consultation/Referral Diabetes Iron Deficiency Anemia Medication Adherence Menopause Prescribing for Older Pt Opioid Therapy and more. . .

INPE CE Center

high-quality, accredited lectures to select state

INPE is now in its second year of operations and we have new initiatives underway. Take a few minutes to read this newsletter to learn more

endeavor, committed to functioning as a social enterprise, we appreciate your interest in our activities. We hope you will share the newsletter with

about our patient education material and our CE offerings. As a new

colleagues to help us broaden our reach. We also are interested in hearing your perspective on our current activities and ideas for future

Grassroots Lectures have been scheduled for a number of state meetings, including Florida, Texas, Louisiana, Utah, toolkit catalogs a list of evidence-based Idaho, and Oklahoma. If you attend one of these meetings, be sure to say hello! Not attending one of these meetings? The lectures soon will be recorded and available in our online catalog of offerings.

> Are Your COPD Patients Prepared for an Exacerbation?

While COPD exacerbations can happen any time in the year, the incidence increases during the winter months. An exacerbation is also more likely among patients with more advanced disease, although all

patients with COPD are at risk. Evidence supports the benefit of having informed patients who have an action plan for the event they suspect signs of an exacerbation. INPE has an educational tool designed to help you prepare your patients for the possibility of an exacerbation.

This brochure will help you teach patients how to minimize their risk of an exacerbation, as well as how to recognize indications and react as early as possible. The tool allows for individualization of your patient's action plan. Visit npexcellence.com to download the brochure or to request complimentary hard-copies, while they last.

INPE is a supporting member of the Breathe Better Network. In addition to INPE's patient tool on exacerbations, check out the resources available at the **Breathe Better** site.

INPE's NRCME Training Course a Hit!

INPE's NRCME Training has proven to be our most popular program, to date. All commercial vehicle driver medical examiners are now required to complete an approved course of study and pass a national certification exam, in order to conduct these Launched in March, our course has trained NPs,MDs, DOs, PAs, and DCs who report the course

to be convenient, educational, and a great value. Our NP faculty (Jean H. Aertker, DNP, ARNP-BC, COHN-S, FAANP and Wendy Paracka, MS, ARNP-BC, FNP) illustrate required content through sharing practical examples. We are pleased that our pass rate has exceeded the national average.

This course has been helpful in getting the word out about INPE's great

Learn More

August is National Immunization Month

One of our Grassroots Lectures is on the topic of adolescent immunizations, which received an educational grant from Merck & Co. August is National Immunization Month. Although our online CE program on adolescent immunizations is still in development, please visit $\underline{\textit{HealthFinder.gov}} \text{ to learn more about resources available to promote}$ awareness of immunizations to all ages during August.

Obesity in America

INPE's newest Grassroots Lecture is on the topic of obesity, created with educational funding from Takeda. More than one-third of Americans are obese, raising their risks for a number of other conditions. While waiting for our online version of this CE program, you can access list of resources related to adult obesity by visiting **CDC's pages on obesity** and overweight.

Interested in Authoring CE Programs?

While INPE does not accredit or approve the work of others, we welcome discussion from NPs who would like to work with INPE staff in creating high quality and evidence-based CE programs for NPs. $% \label{eq:continuous}$

About INPE

The Institute for Nurse Practitioner Excellence, LLC was formed in 2013 as a new social enterprise to promote excellence in NP practice and outcomes by providing high quality and evidence-based resources. We are excited to share this update as we build resources in our second year of operation. Please share this newsletter with colleagues and continue to visit our website and CE Center often, to stay abreast of new developments, including patient education resources on topics such as COPD, medication adherence, and diabetes. We hope to hear from you regarding your needs and ideas for future initiatives.

Mary Jo Goolsby, EdD, MSN, NP-C, FAANP Institute for Nurse Practitioner Excellence, LLC

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